Peak Experiences

Peak Experiences offers a multi-level process designed to assess current and ideal behaviours, allowing individuals, groups and organizations to develop prescriptive improvement plans for their leaders. With innovative tools, a proven approach and world-class consultants, Peak Experiences offers consulting and developmental services that help client organizations build genuine and sustainable improvement.

Peak Experiences associates are constantly working on innovative ways to fulfill our mission, creating a renewed focus on serving our customers and igniting our core programs of significance. Our experiential approach to learning has helped our clients grow, gain new skills and, more importantly, provide them with the tools to apply these skills in their organizations. We continue to bring fresh ideas, practical skills and innovative training to your world, as we believe individual and collaborative effort can make a tremendous difference. The challenge our clients have put to us is the challenge facing us all. No matter what role we find ourselves in, we share the challenge of transforming individuals and organizations into truly effective and sustainable entities.

Facilitator Profile – Craig Kennedy

Craig Kennedy's over 25 years experience as a manager, entrepreneur, and trainer provide him with extensive knowledge and unique skills in planning, organizational and personal development and interpersonal communication. As Founder of Real Coaching and Training, Craig has worked with small business owners, managers, and executives who want to enjoy both career success and an extraordinary personal life. Craig joined the Peak Experiences team in 2011 to heighten our coaching focus to clients.

His work spans industries as diverse as health care, technology, nonprofits, government, professional services and postsecondary education. He is a Certified Work Less Make More© coach and has trained with Coach University, the world's leading coach training organization. As well he has worked as a Executive Coaching Associate with Knightsbridge Human Capital Solutions and Parachute Executive Coaching. Craig was the Founder of the Nova Scotia Chapter of the International Coaching Federation (ICF). He is a sought after trainer, coach and facilitator, specializing in personal workflow management and effective interpersonal communications as well as Open Space Technology and World Cafe. He has been featured in national publications such as Chatelaine Magazine and Reader's Digest and appeared on numerous local and national radio talk shows.



Learn it. Apply it.

Peak Experiences was formed in 1992 to help individuals by delivering powerful learning solutions for organizations, leaders and practitioners who have a clear stake in accelerating individual, team and organizational effectiveness. When you experience a Peak Experiences learning program, you are able to immediately apply what you learn. We provide fresh ideas, innovative training and practical skills. Our services are delivered in a helpful, ethical, innovative and environmentally responsible manner. Our core purpose is to support people in achieving enhanced personal and organizational effectiveness as they strive to fulfill their respective organizational visions.

Our commitment embraces both intention and action. Our organizational core values govern everything we do. When you choose to work with Peak Experiences you are assured of:

- Trust and Integrity
- Memorable Experiences
- Environmental Sustainability
- Service Excellence
- Growth and Development
- Measurable Results