

As an experienced facilitator, Michael incorporates a background in training, understanding effective thinking styles and group process, and an aptitude for communicating an understanding of the causes and effects of team dynamics. Helping individuals and groups, solidifying their skills and motivations, to enhance their organization's foundation for success. Through the use of proven assessment tools, an experiential approach to learning, and effective processes that address your organization's needs, Michael brings a refreshing and practical energy. Michael's areas of focus include early team formation, dealing with issues of diversity, understanding trust, strategic planning, focusing on communication as an effective problem solving tool, and intergenerational teams. Michael lives with his partner Kellie in Scottsburn, Nova Scotia.



Leadership - Culture - Performance

Peak Experiences Consulting was formed in 1992 to help individuals by delivering powerful learning solutions for organizations, leaders and practitioners who have a clear stake in accelerating their individual and collective effectiveness. Through the use of our globally-recognized tools from Human Synergetics, administered locally by our associates, our clients are able to measure what many assume cannot be measured; individual behaviour, group styles, organizational culture, and the impact of these factors on effectiveness and performance. By doing so, we enable individuals, groups, and organizations to initiate changes and realize their potential. www.peak.ca

Nadir Experiences was formed in 2017 as a compassionate extension of the powerful work we do within the branch of Peak Experiences. Our job is to help people understand and process the lower points of their life in such a way that can significantly enhance growth and development moving forward. www.nadirexperiences.ca

The Constructive Mindset Institute was formed in 2018, and is the online culmination of our work surrounding human mindset, growth and development, organized onto a world-renowned online learning platform. www.constructivemindsetinstitute.ca

Core Values: Our commitment embraces both intention and action. Our organizational core values govern everything we do. When you choose to work with us you are assured of:

- Trust and integrity
- Memorable experiences
- Social justice and environmental sustainability
- Service excellence
- Safety and Support
- Partnerships for measurable results/Growth and development